



# ANIMAL FRIENDS

***Full Album Lyrics and Liner Notes***

(PRINTER FRIENDLY VERSION)

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## Charlie the Cheetah (Paul Epp)

I won't slow down!  
I won't slow down!  
I won't slow down!  
I won't slow down...

Charlie the Cheetah was the fastest runnin' cat around  
He didn't pay attention - was breakin' stuff all over the town  
And he didn't even listen when the others asked him to slow down  
He said "I am the fastest one and that means that I am the best  
They tell me to go slowly but I don't 'cause I don't need to rest  
And I don't even care that when I go so fast that I make a mess"

*Charlie the Cheetah was the fastest cat in town  
But Charlie the Cheetah wouldn't slow down*

Well, Charlie didn't listen when they told him not to go so fast  
He did everything that way - he just didn't want to be last  
He didn't care if he did a good job - just as long as he passed  
Charlie went to school one day and when he got there he had a scare  
Charlie forgot about the test that he had to take there  
He was going so fast that week that he hadn't prepared

*Charlie the Cheetah was the fastest cat in town  
But Charlie the Cheetah wouldn't slow down*

Charlie got his test back and he didn't get a good grade  
Well, he felt pretty bad but then his teacher came to his aid  
He said, "Charlie if you just slow down and take your time then you'll have it made"  
Charlie decided to slow down and listen well until folks were done  
He said, "Maybe going fast all the time isn't always that fun...  
I can do a better job and I can learn to help someone!"

*Charlie the Cheetah was the fastest cat in town  
But Charlie the Cheetah learned to slow down*

## **Rabbit Jack** (Paul Epp)

The other kids liked to eat lots of junk food because they thought it tasted so good  
Potato chips, soda pop, candy, french fries; as much unhealthy food as they could  
But Rabbit Jack knew that he wanted to grow; he wanted to be healthy inside  
He asked his mom about healthy foods, and he liked them once he had tried them

*Rabbit Jack likes a healthy snack  
Fruits and vegetables – wonderful foods  
That’s the kind of lunch he would pack*

Carrots were his favorite - they always had been - but he learned to like broccoli too  
Apples, oranges, peaches, and plums; and he was always trying something new  
Watermelon, cantaloupe, and honeydew; romaine lettuce and beans,  
Whole grain cereals, bread and pecans; pasta, peanuts, peppers and greens!

*Rabbit Jack likes a healthy snack  
Fruits and vegetables – wonderful foods  
That’s the kind of lunch he would pack*

He liked eatin’ healthy food but he was concerned that his friends didn’t do it too  
He wanted to help them so they could be strong and healthy, feeling brand new  
He told his friends “Hey, eat healthy too - you just have to give it a chance”  
At first they were skeptical, but soon were surprised; so good they wanted to dance!

*Rabbit Jack likes a healthy snack  
Fruits and vegetables – wonderful foods  
That’s the kind of lunch he would pack*

## Lori Says She's Sorry (Charlie Anderson)

Lori is the best player on her soccer team;  
She's the best kickin' lion that I've ever seen  
With her hefty paw and a great big roar  
She travels down the field and tries to make a score  
But every time she gets the ball  
She won't pass to anyone at all  
I think she wants all the glory

*Lori, you prob'ly need to say you're sorry (say you're sorry)*  
*Even though you're playing like a dream*  
*Lori, you prob'ly need to say you're sorry (say you're sorry)*  
*You're not the only lion on the team*

So the lions weren't winning many of their games;  
Every match would end up just the same  
Lori tried to score each goal all by herself  
But in the end she realized she needed help  
Her teammates need to be involved  
In order to get all their problems solved  
Maybe then there'll be some scoring

*Lori, I know it's hard to say you're sorry (say you're sorry)*  
*It's so hard to let go of your pride*  
*Lori, I know it's hard to say you're sorry (say you're sorry)*  
*Tell the lions what you feel inside*

So she went to her teammates right before the game;  
She told them there was something that she had to say:  
"I won't play like that again –  
I know that there's a better way to win"  
And so Lori learned to share  
And showed everyone how much she cared  
That was just the little the little story of

*Lori, you finally learned to say you're sorry (say you're sorry)*  
*Showing all the lions you're so wise*  
*Lori, you finally learned to say you're sorry (say you're sorry)*  
*Sometimes we must all apologize*

## **Grandma Bee** (Paul Epp)

Grandma Bee won't sting you 'cause she  
Is a kindhearted bee who does good in the world  
She has lived many years, helps you conquer your fears  
And she will teach you to be  
The kind of person that you should be...

*Grandma Bee...*

She's small but she's strong and she's never wrong  
Her years of experience show  
That the longer you live the more that you give  
And the wiser you get as you grow

Grandma Bee would not hurt a flea,  
Helps others when they are in need  
She loves her family too and wants to help you  
Learn that doing good in the world  
Makes you happy like Grandma Bee

*Grandma Bee...*

She'll teach you respect and how to protect  
Yourself from those who don't care  
She wants you to try to see what's inside  
Of each person you meet anywhere  
Grandma Bee can help you and me  
To keep trying even when things get tough  
We can look up to her and others that were  
There to help us to grow  
Into wonderful people

*Grandma Bee...*

*Grandma Bee...*

*Grandma Bee...*

## The Workout Sloth (Paul Epp)

The very first thing when I wake up:  
Jump out of bed and do a push-up  
And when I wanna do something fun  
I put on my shoes and go for a run

I exercise because I realize that it makes me feel good  
The good food I eat helps me compete with everything that comes my way

*'Cause I'm the Workout Sloth  
Doesn't matter if they think I'm slow  
When they see what I can do they know  
That I'm the Workout Sloth*

I like to swim, go for a hike, play basketball or ride a bike  
I love to jump rope throughout the day  
And I love soccer every time I get to play

Either girl or boy can get so much joy from doing things that help you stay fit  
By myself or when I'm on a team with many other people - everyone can do it!

*'Cause I'm the Workout Sloth  
And I work out 'cause it makes me feel good  
Then others see me and they wish they could  
Be like the Workout Sloth*

If you exercise you will find  
That it's also good for your mind  
When you get upset just take a break  
To go work out for goodness' sake

The way to live is to be active; it'll make you feel like a queen or a king  
Instead of sitting around you can find what I've found - that working out is my favorite thing!

*'Cause I'm the Workout Sloth  
And I do it 'cause I want to grow up to be strong and healthy  
And then they'll know that I'm the Workout Sloth*

**WORKOUT!**

## **We Can Work Together** (Charlie Anderson)

Chester was an elephant who moved anyone in his path  
Those who got in his way would surely feel his wrath  
One day an angry Chester came upon a mouse named Henry James  
But before Chester could get upset he heard the little mouse exclaim:

"Well, I can help you find some food in the spots you just can't see  
And I'll make sure you miss rocks and thorns so they don't get in your feet"

*We can work together (though we're different in size)*  
*We can work together (I am small but I am wise)*  
*(I know that we can get along without a doubt)*  
*We can work together (and we'll help each other out)*

The more he thought about what Henry James said, the more he did agree  
That a mouse and elephant could benefit from working as a team  
(and Chester said) "I could get you a piece of cheese when you just don't have the time  
Or find you a shady branch to rest when you just can't make the climb"

*We can work together though we're different in size*  
*We can work together; we can do it if we try*  
*I know that we can get along without a doubt*  
*We can work together and we'll help each other out*

Chester and Henry James learned that it was good  
To help all their friends out whenever they could  
So now they roam the earth and they have much more fun  
I'll say it twice: "One is nice but two can get more done,  
Oh one is nice but two can get more done"

*We can work together (I need you and you need me)*  
*We can work together (that's the way it ought to be)*  
*We have shown that we can get along without a doubt*  
*We can work together and we'll help each other out*

## Penguins (Charlie Anderson)

Penguins have very few things;  
They only eat fish and they don't need wings  
They live on an iceberg without any stuff  
But they have each other and that is enough

Paul Penguin and Priscilla his wife  
Made a promise to each other they'd be married for life  
They have three children: Peggy, Penny, and Stu,  
And though they have troubles they always get through

*The ice is very slipp'ry and the weather's always cold  
Sometimes it is hard to find your way  
And even sliding in the snow can sometimes get real old  
But life is good with family there each day*

Paul and Priscilla can get in a bad mood  
And they can get cranky when they're looking for food  
But then they remember that they're on the same team  
And life's little problems aren't as bad as they seem

*Paul and Priscilla don't need cars or fancy clothes  
No big screen TVs or camera phones  
But they know the one thing that every single penguin knows:  
It's who you love that matters the most*

Penguins have very few things;  
They only eat fish and they don't need wings  
They live on an iceberg without any stuff  
But they have each other and that is enough

## Roy the Reading Rhino (Paul Epp)

Roy used to sit around and play video games all day  
He didn't know much about anything and he didn't care anyway  
Roy didn't like school and he didn't do that well  
He was just an average student as far as anyone could tell

But one day Roy decided that he wanted to know  
A little bit more than your average rhino

*Because Roy became the Reading Rhino  
That's how people know him now  
He learns new things every day  
And you can do it too... how?  
Just read...!*

Then Roy started to learn about all kinds of new stuff  
The world started to open up and he just couldn't get enough  
For the first time ever he discovered that he liked to learn  
And he had so much fun learning that his grades went up in turn

Roy's friends had yet to see  
Just how much fun learning could be

*Because Roy became the Reading Rhino  
That's how people know him now  
He learns new things every day  
And you can do it too... how?  
Just read...!*

Now Roy would sometimes see kids who would do bad stuff  
They made bad decisions; they thought they were tough  
Roy didn't do that stuff because he was making his mind strong  
And it didn't take a genius to know that what those kids did was wrong

Roy and his friends left that all behind  
And they realize you're better off using your mind

*Because Roy IS the Reading Rhino  
That's how people know him now  
He learns new things every day  
And you can do it too... how?  
Just read...!*

## Hey Gary (Charlie Anderson)

Hey Gary, why can't you be nice?  
I'm gonna give you a piece of advice:  
Don't be pickin' on the geese that are small  
In fact, don't pick on anybody at all

*Just because you're the biggest goose in school  
Doesn't mean you have to always be so cruel  
Oh Gary – you gotta turn it around*

Gary, I see you out on the street  
You're squawking at everybody you meet  
I know it's hard, always tryin' to be good but  
I don't think you're tryin' as hard as you could

*I know it's easier to be rude  
Stealin' all the little goslings' school lunch food  
Oh Gary – you should turn it around*

It could start with something just as simple as a smile  
When you learn to be nice, it just gets easier after a while

So Gary, get up on your feet  
And just be kind to everybody you meet  
I know that you can make a new start  
When you're using both your head and your heart

*I know it's hard to make amends  
But it looks as though you're startin' to find some friends  
Oh Gary – you can turn it around*

## Andy the Blue Raccoon (Paul Epp)

Andy was a blue raccoon and was sick a lot of the time  
He just wanted to feel better to help his troubled mind  
Andy loved ragtime piano - when he played he didn't feel sick  
He'd sit right down, fingers flyin' around and he'd play that ragtime lick

*Ba ba ba*

*Bum bum bum be-op be-op a da da*

*Bum bum bum be-op be-op a da da*

*Bum bum bum be-op be-op a da da bum ba-dum bee-um bum*

*Bum bum bum be-op be-op a da da dum da-dum da da da DAY*

*He was the Blue Raccoon, playin' his ragtime tune, troubles gone away*

Andy played the piano every day and he got very good  
Sometimes it was hard to practice but then he always would  
He knew if he got to play he wouldn't have to lie in his bed  
He couldn't go outside but he could still decide to play that song instead

*Ba ba ba*

*Bum bum bum be-op be-op a da da*

*Bum bum bum be-op be-op a da da*

*Bum bum bum be-op be-op a da da bum ba-dum bee-um bum*

*Bum bum bum be-op be-op a da da dum da-dum da da da DINE*

*He was the Blue Raccoon, playing his ragtime tune for his piece of mind*

Music and ragtime piano, to Andy had an appeal  
He learned that the more he played it the better he would feel  
Playing the piano helped him learn and gave him something to love  
Even when he wouldn't be right at the piano he'd have his memory of...

*Ba ba ba*

*Bum bum bum be-op be-op a da da*

*Bum bum bum be-op be-op a da da*

*Bum bum bum be-op be-op a da da bum ba-dum bee-um bum*

*Bum bum bum be-op be-op a da da dum da-dum da da da DOO*

*And if a Blue Raccoon learned to play ragtime tunes, you can do it too!*

## Otto Otter (Charlie Anderson)

Every morning Otto Otter would go  
To the edge of the lake  
He'd tell himself that he could dive right in,  
But then he started to shake  
Every other otter loved the water  
But for some reason he was afraid  
How he wished he could splash and play  
Just like every other otter did every day

*Otto Otter's outta water (and he's so scared)  
To ever try again  
But his family wants to help him (because they care)  
So he can learn to swim*

His mother said to him, "It's time to jump in;  
There is nothing to fear!"  
His father stood up and he said with a grin,  
"Otto, I'll be right here."  
And again he dipped his tail in –  
It's easier to keep four paws on the ground  
And man, it's so hard to be brave  
When everybody's starin' and hangin' around

*Otto Otter's outta water (and he's so scared)  
To ever try again  
But his family wants to help him (because they care)  
So he can learn to swim*

One sunny day he dove right in,  
There was a cheer from the crowd...  
He felt right then that he could do anything  
And his parents were so very proud  
Later on when Otto Otter's outta water  
He walked up to his parents and said,  
"Thanks for bein' there to show that you care"  
And he hugged them both and went off to bed

*Otto Otter's outta water (and he's not scared)  
To ever try again  
But his family wants to help him  
And now he's learned to swim*

**Ellie** (Charlie Anderson)

Ellie's a lamb who is starting to learn  
That the love that you give isn't always returned  
And when Ellie thinks it might not be okay  
Her father would calm her and here's what he'd say:

*"Put your head down and know it'll all be okay  
All your troubles will fade before the new day"*

Sheep all have problems and Ellie does too  
And sometimes she isn't quite sure what to do,  
And Ellie's not perfect but she has a plan  
To try and make each day the best that she can

*"Put your head down and know it'll all be okay  
All your troubles will fade before the new day"*

And though it may seem like the sheep go astray the flock is never that far  
And though we all get there a different way we still need to show who we are

Storm clouds will gather, the sun goes away,  
But it never fails to come back the next day  
And now Ellie knows that just one lamb or girl  
Can put all their love right back into the world

*"So put your head down and know it'll all be okay  
All your troubles will fade before the new day  
Put your head down and know it'll all be okay  
All your troubles will fade before the new day"*

**Charlie Anderson:** lead vocals (all tracks), acoustic guitar (tracks 3, 4, 7, 9, 11 & 12), background vocals (tracks 1, 2 & 4)

**Paul Epp:** keyboard (tracks 1, 4, 6, 7, 8, 9 & 11), piano (track 10), Fender Rhodes (tracks 3 & 5), trumpet (track 2, 5, 6, 9 & 11), flugelhorn (track 7), acoustic guitar (track 2), background vocals (tracks 1, 2 & 4)

**Jerry Navarro:** bass (tracks 1, 2, 3, 4, 5, 6, 7, 8, 9 & 11), throw-up noise (track 2)

**Tom Giampietro:** drums (tracks 1, 2, 3, 4, 5, 6, 7, 8, 9 & 11)

**Adam Agati:** electric guitar (tracks 1, 3, 4, 5, 6, 8 & 11), acoustic guitar (track 6)

**Chris West:** tenor saxophone (tracks 2, 5 & 6)

**Oscar Utterstrom:** trombone (tracks 2 & 11)

**Katy Halama Anderson:** additional vocals (tracks 3, 6 & 11), background vocals (tracks 1 & 4)

**Heidy Craig:** background vocals (tracks 2, 5 & 8)

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PAUL would like to thank...

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*GOOD GANG MUSIC FACTORY EXISTS BECAUSE OF KIDS EVERYWHERE.  
WE BELIEVE IT IS NEVER TOO LATE TO IMPROVE YOURSELF OR TO HELP OTHERS DO THE SAME.  
THE FUTURE OF OUR WORLD DEPENDS ON OUR KIDS.*

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